

Ben Cronin CMIOSH

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Based in Exeter Southwest.



Personal statement

A Chartered Health and Safety Practitioner. I have 12+ years in construction, utilities and infrastructure experience with over 6 years operating at SHEQ leadership level. I have my Level 6 Occupational Health and Safety Diploma, NEBOSH General Certificate, IEMA Foundation Certificate and Lead Auditors Certificate for ISO 9001, Mental Health First Aider, Professionally Qualified Person CSCS.

I am a Chartered SHEQ professional with over 12 years' experience across construction, utilities and infrastructure sectors, including more than 6 years' operating in senior leadership positions. My passion lies in developing positive safety cultures, strengthening behavioural performance and creating psychologically safe environments where people can thrive. I combine strategic leadership with practical operational support, helping organisations improve compliance, culture, performance and wellbeing while delivering sustainable business improvement.

Key Skills career highlights

- Founded Cronin's Consultancy Ltd providing modern, practical and people-focused SHEQ consultancy services.
- Chartered Member of IOSH (CMIOSH).
- Developed and implemented SHEQ strategies across utilities, highways, infrastructure and construction sectors.
- Led regional SHEQ teams supporting multiple operational frameworks.
- Successfully maintained and improved ISO 9001, ISO 14001 and ISO 45001 management systems.
- Supported major frameworks including National Grid, Welsh Water AMP8, South West Water, Wessex Water, SGN, National Highways and Somerset Council.
- Delivered behavioural safety and culture improvement programmes across multi-disciplinary workforces.

Qualifications & Professional Memberships

- CMIOSH
- AIEMA
- Level 6 Diploma
- NEBOSH
- ISO Lead Auditor
- CSCS
- IOSH Trainer
- etc.

Employment History

Managing Director, Cronin's Consultancy Ltd

(June 2026 – Present)

Established and lead an independent Health, Safety, Environmental and Quality (SHEQ) consultancy providing strategic and operational support to businesses across construction, utilities, infrastructure and commercial sectors throughout the Southwest and wider UK.

Key Responsibilities & Services

- Providing competent SHEQ consultancy support to SMEs, contractors and principal contractors.
- Delivering SHEQ audits, inspections and compliance reviews.
- Supporting organisations with ISO 9001, ISO 14001 and ISO 45001 implementation and maintenance.
- Developing integrated management systems, policies, procedures and risk management frameworks.
- Conducting accident and incident investigations and identifying root causes and improvement opportunities.
- Providing behavioural safety coaching and culture improvement programmes.
- Delivering CDM and construction safety support throughout project lifecycles.
- Producing risk assessments, COSHH assessments and safe systems of work.
- Delivering bespoke SHEQ training, toolbox talks and leadership workshops.
- Supporting businesses withSSIP accreditation including Constructionline, CHAS, Safe Contractor and Achilles.
- Managing business development, client relationships, marketing, financial management and strategic growth of the consultancy.
- Retained competent person support.
- Occupational health and wellbeing initiatives.
- Contractor management and supply chain assurance.
- Compliance gap analysis and legal compliance reviews.

Senior SHEQ Manager, OCU Group

(July 2024 – July 2026)

Regional SHEQ lead supporting a diverse portfolio of utilities, infrastructure and construction frameworks including Welsh Water AMP8, South West Water, Wessex Water, National Grid, VM02 Fibre Up, Somerset Council, Falmouth Docks and residential development projects.

- Leading and developing a team of five SHEQ professionals across South Wales and South West England.
- Create strategy and implement within the business.
- Manage SHEQ resources over multiple projects (Major/Minor).
- SHEQ Project Manage in terms of testing innovative products/technology.
- Achieve Psychological Safety within the business.
- Drive and Improve the Compliance and performance of all works.
- Drive and Improve Safety Culture and Behaviour.
- Ensure that we exceed and maintain accreditations i.e., ISO 9001, 14001 and 45001.
- Review procedures, RAMS, CPP's, CEMPS etc as per current legislation and safe working practices.
- Monitor and evaluate Trends within Incidents to create action plans to reduce/minimise Incidents.
- Conduct safety stand downs quarterly.
- Monitor, review and update Health, Safety, Environmental and Quality management systems.
- Assist with Tenders.
- Undertake Senior Health and Safety inspections, Audits and Tours.
- Point of contact for External Audits.

- Ensure all weekly/monthly reports are completed and presented across the business.

Regional SHEQ Manager, Core Highways Group Limited

(Formerly known as Forest Traffic Services Limited)

(April 2021 – July 2024)

- SHEQ Stakeholder for an Enterprise Resource Planning ERP
- Actively participated in the company Rebrand
- Created a new IMS/BMS then managed and maintained it
- Transitioned 3 IMS's to one central system from the Rebrand.
- Quality Manager for National Highways in (Southwest, South and East)
- Senior HSE Manager for National Highways in (Southwest, South and East)
- Drive and Improve the Compliance and performance of all works.
- Drive and Improve Safety Culture and Behavior
- Ensure that we exceed and maintain accreditations i.e., ISO 9001, 14001, 39001 and 45001, Achilles, Construction Line Gold, ISO's, SMAS, CHAS etc
- Review / Create / Update all policies, procedures, RAMS etc as per current legislation and safe work practices.
- Maintain and update all Registers and Legal documents
- Ensure compliance across the group
- Chair SHEQ meetings and Spokesperson meetings
- Monitor, review and update Health, Safety, Environmental and Quality management systems.
- Create action plans and improvement plans.
- Assist with Tenders
- Undertake Audits and Inspections across all Depots and Sites.
- Point of contact for External Audits
- Wellbeing Committee member

SHEQ Manager, Medway Civils & Utilities Ltd

(September 2019 – March 2021)

- Drive and improve the overall safety compliance and performance of all Works.
- Attend and present SHEQ information and updates at Contract Performance Reviews
- Attend Safety Forums and provide a presentation on Monthly H&S stats.
- Monitor, review and update the Contractor's safety, health, and environment management system, including details of safety objectives and targets.
- Establish, deliver, manage, and share with the Employer an annual safety improvement plan.
- Complete and monitor all CDM requirements for our main client, SGN.
- Establish and deliver occupational health arrangements for all of the Contractor's Human Resources
- Plan, control and participate in a structured programme of on-Site safety, health, environment and technical inspections and audits to ensure that the works are managed and undertaken in a safe manner whilst maintaining compliance with Statutory Requirements and Employer's Policies.
- Plan, control and participate in a structured programme of the Contractor's safety, health, and environment management system.
- Provide and deliver health and safety advice, briefings, and coaching to the Contractor's Human Resources.
- Actively work in conjunction with the Employer to improve safety performance and share best health and safety practices.
- Provide and deliver a robust competence assurance scheme for the Contractor's Human Resources.

- Point of contact for the external Audits.
- Complete Tenders and PQQ's
- Maintain the company's certification and accreditation for Constructionline, SSIP, and Achilles.
- NEBOSH National General Certificate in Occupational Health and Safety

Plant & Compliance Manager, Medway Civils & Utilities

(September 2012 – September 2019)

- Manage the entire Plant & Compliance Operations e.g., Diggers/Compressors/Trailers
- Report to the Managing Director
- Co-ordinate with the Planner & Supervisors
- Lead the Support Drivers
- Attend Meetings
- Testing Four Way Gas Detectors & Top Tee Clamps
- Cable Locator Downloads and analysis
- Ensure Compliance amongst all of the Plant & Equipment.
- Ensure quality and robust audits are undertaken.
- Conduct audits/Inspections on all teams monthly.
- Carry out Toolbox talks regarding Plant, Equipment and Vehicles
- Assist with the SHEQ Manager on Risk Assessments
- Train operatives with basic skills
- Assist SHEQ on External Audits regarding Plant & Equipment
- Assist SHEQ on PQQ's where necessary.

Hobbies & Interests

My main past-time is just relaxing and spending time with my wife, I love any outdoor activities including Football, Surfing, Rock climbing, Canoeing, Kayaking, and Hiking. I try my best to keep myself as active as I possibly can. I also love travelling around and immersing myself in new cultures and seeing the world.

References

References available on request.